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To,
The Principal
DAPMRVDC

4.3.2020



Sub: Report of the "Orientation to Mentoring" Faculty Development Program

Respected Mam,

The faculty development program on "Orientation to Mentoring" was successfully conducted on the 27th of February, 2020. Dr. Seema Mehrothra, Professor, Positive Psychology Unit, NIMHANS conducted the program. Twenty of our faculty participated in this hour long session.

The resource person introduced us to what mentoring is all about, the benefits of mentoring and how to and how not to mentor students. It was a very interesting session and the participants felt that a 2 day workshop would be beneficial to all.

The resource person was picked up and dropped back to her institution in person and Rs.410 was spent towards the dry fruit box and refreshments.

Thank you for giving the support to organize this program.


Yours sincerely



Dr. Jyotsna S
Reader
Dept of Public Health Dentistry

Annexure:

1. Bills
2. CV of the speaker
3. Attendance certificate
4. Participants group photo


Principal
D.A.P.M.R.V. Dental College
J.E. Nagar I Phase,
Bangalore - 560 078.



Brief about Dr. Seema Mehrotra

Dr. Seema Mehrotra trained as a clinical psychologist at the National Institute of Mental Health and Neuro Sciences, Bangalore and went on to complete her PhD work in 1996 from Nagpur University. Her PhD work was situated at the interface between psycho-oncology and psychology of well-being.

She served at faculty positions in Clinical Psychology at Kasturba Medical College, Manipal for almost a decade before joining NIMHANS as a faculty in 2002.

She currently serves as Professor of Clinical Psychology at NIMHANS, Bangalore.

Her responsibilities entail being in charge of Clinical Psychology services of an adult psychiatry unit, coordinating the activities of the Positive Psychology Unit and serving as a consultant at the NIMHANS Centre for Wellbeing (NCWB). She runs a positive mental health clinic called Flourish at NCWB.

Dr. Seema Mehrotra has about 25 years of clinical, teaching and research experience in the field of Clinical Psychology. Her clinical work spans a gamut of psychological interventions suitable for adults with diverse mental health issues.

She received Prof Anima Sen Award from IAAP and more recently LGP Achar Memorial award for contributions in the field of psychotherapy in 2018 from Indian Psychiatric Society Karnataka Chapter.

She has developed preventive and promotive intervention program modules for young adults in the community.

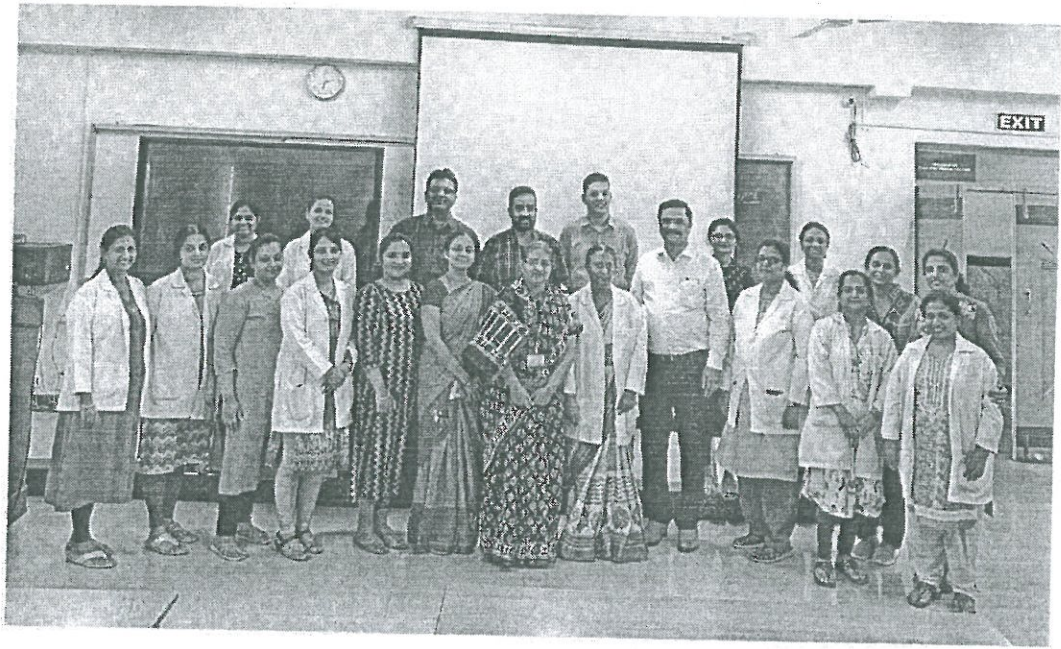
She has acted as primary supervisor of research at M Phil and PhD levels for more than two dozen scholars and has led research projects funded by ICMR, ICSSR, CSIR and Microsoft Research India.

She has published papers in national and international peer reviewed and indexed journals and authored chapters in books.

Her areas of research include youth mental health promotion, application of positive psychology using a public health framework, adaptation to major life events, intentional self-development and emotional regulation.

She has led projects on development of mental health apps on monitoring well being and self-care for depression. Currently, she is collaborating with Microsoft Research India and International Institute of Information Technology for developing an app on breaking barriers to help seeking for common mental health issues.

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of the UGC ACT-1956

Ref : DAPMRVDCI 1449/19-20

Date :

27.02.2020


Certificate of Appreciation

This is to certify that Dr. Seema Mehrotra, Professor of Clinical Psychology, NIMHANS, Bengaluru, conducted a Faculty Development Program –“Orientation to Mentoring” for all the faculty at D A Pandu Memorial R V Dental College & Hospital on 27.02.2020.

We thank you for this session and hope to continue our collaboration for further programs to promote positive well-being amongst all our faculty and students.


Thanking You,

Yours Sincerely


27/02/20

Principal

PRINCIPAL
D.A. PANDU MEMORIAL
R.V. DENTAL COLLEGE


Principal
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